

ABOUT

Dr. Sandy Burkett has been a full-time pastoral counselor since 1980. She has a Ph.D. in Biblical Counseling from Trinity Theological Seminary. Her research was on the Restoration of Joy in Victims of Childhood Trauma. She is also the author of *The Lie Your Life is Built On*.

In 1987, God released a passion to equip others to counsel the brokenhearted. Dr. Sandy understood that many people sought help from their family, friends, church leaders and pastors before they made an appointment with a professional counselor. Thus, BreakThrough Biblical Counseling training was birthed. There have been over 2,000 graduates in the central Ohio area.



Our purpose is to heal and equip the Saints to do the work of the ministry.

Breakthrough is a 501(c)(3), Kingdom ministry that equips the saints to influence individuals and nations with the love, mercy, compassion and healing power of Christ.



975 Eastwind Dr. Ste 190
Westerville, Ohio 43081

BIBLICAL COUNSELING TRAINING



40TH CLASS
2023-2024

BREAKTHROUGHMINISTRIES.ORG

MODULES

Classes meet on Mondays at 7p. Modules 1-4 are available in-person or virtually via Zoom. Module 5 is in-person only. Registration must indicate in-person or virtual attendance.

1

The Fundamentals of Biblical Counseling **September 11 - October 16**

The six-week topics will equip the student to understand foundational truths that affect their role in helping others with life events.

Topics include:

- The Trichotomy of Man
- Building Godly Character
- Understanding Dysfunctional Behavior and Problem Ownership
- Identifying Thoughts, Beliefs, and Emotions
- Boundaries: Where You Begin and I End
- Boundary Violators

2

Setting the Captives Free **October 23 - November 27**

Module Two equips the student to identify self-imposed strongholds that influence the level of freedom in the lives of believers.

Topics include:

- The Process of Forgiveness
- Self-Inflicted Curses
- Generational Curses
- When Others Curse You
- Demons and Demonic Look-a-likes
- Process of Deliverance

3

Healing the Soul **December 4-11, January 8-29**

Module Three equips the student to recognize soul issues that create life cycles which are the opposite of God's truths.

Topics include:

- Identifying Levels of Maturity and Emotional Intelligence
- How Memories Surface
- Transference of Pain
- The Art of Listening and Asking Questions
- Healing the Orphan Heart
- Healing In-Utero Trauma

4

Restoration of the Soul **February 5 - March 11**

Module Four equips the student to understand how to identify and bring healing to root issues that delay God's destiny.

Topics include:

- Healing Sexual Issues
- Marriage Conflicts
- Divorce Issues
- Process of Grief
- Activating Joy

5

Practicum **March 18 - April 26**

Module Five offers students an opportunity to practice Biblical Counseling under the supervision of the teachers.

GRADUATION: April 29

REGISTRATION

Name

Address

City, State, ZIP

Phone Number

Email

CIRCLE ONE: In-Person Zoom

ADVANCE REGISTRATION

\$95 per person by August 31st

\$105 per person August 31st - September 6th

REGISTRATION

\$120 per person after September 6th

PAYMENT

Payment due at time of registration

Pay for modules 2-5 due as they begin

Zoom Attendees: Add \$5 shipping for book

Mail a check or register online at
BREAKTHROUGHMINISTRIES.ORG